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## CHRISTIAN CAREGIVING FOR PEOPLE SUFFERING WITH DEPRESSION AND ANXIETY

Mental health struggles affect many people, draining their energy and joy for life. Many of them will rightly seek medical and psychological treatment. Yet, researchers also have recognized that people need spiritual care and healing. Participants will come away with practical skills drawn from the Christian tradition of providing care and comfort to those in mental distress through the use of scriptural teachings and insights from Martin Luther.

- Saturday, Oct. 5, 2024**
- 10 a.m.-3 p.m.**
- Sieck Hall, Room 202**
- Dr. Stephen Pietsch**

**Cost**  
\$20 without lunch  
\$35 with lunch

*This event is free for all CSL students/spouses (without lunch).*

### Registration

Deadline: Sept. 23, 2024

[csl.edu/lbi](http://csl.edu/lbi) 314-505-7286

Students register: [ce@csl.edu](mailto:ce@csl.edu)



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