



LAY BIBLE INSTITUTE

CHRISTIAN CAREGIVING FOR PEOPLE SUFFERING WITH DEPRESSION AND ANXIETY

Mental health struggles affect many people, draining their energy and joy for life. Many of them will rightly seek medical and psychological treatment. Yet, researchers also have recognized that people need spiritual care and healing. Participants will come away with practical skills drawn from the Christian tradition of providing care and comfort to those in mental distress through the use of scriptural teachings and insights from Martin Luther.

Saturday, Oct. 5, 2024

10 a.m.-3 p.m.

Sieck Hall, Room 202

Concordia Seminary, St. Louis

Dr. Stephen Pietsch

Associate Professor of Practical Theology

Registration

Deadline: Sept. 23, 2024

 [csl.edu/lbi](https://www.csl.edu/lbi)

 314-505-7286

Students register: ce@csl.edu



Cost

\$20 without lunch

\$35 with lunch

This event is free for all CSL students/spouses (without lunch).



Concordia
Seminary
ST. LOUIS